

Report for: **Sam Sample**

BASIC REPORT

Gender: **Male**

Age: **30**

Marital Status: **Separated**

Client Type: **Outpatient (Never Hospitalized)**

Report Date: **March 1, 2026**

The **Dimensional Assessment of Personality Pathology - Basic Questionnaire (DAPP-BQ)** provides a convenient and detailed assessment of personality disorder for psychologists, psychiatrists, and other qualified professionals. The instrument is designed to provide a comprehensive assessment of the basic dimensions of personality disorder and clinically relevant personality traits. It assesses a variety of affective, cognitive, and interpersonal characteristics that have important implications for a person's mental health, adjustment, and well being.

The DAPP-BQ is designed primarily for use with clinical populations. It is particularly appropriate for assessing patients with a wide variety of psychiatric disorders including personality disorders, anxiety disorders, mood disorders, eating disorders, substance use disorders, and somatization disorders.

The results presented in this report should be considered in conjunction with supplementary clinical data and should only be interpreted by psychologists and mental health clinicians who are trained in the use of psychological assessments. This report should never be handed over to the patient/client. Interpretation of the results must always be supervised and facilitated by a qualified clinician.

On the following pages, you will find profiles comparing the results of Sam Sample with both clinical and general population norming samples. Both combined gender and same gender (male) scores are presented for Sam Sample. These profiles are followed by scale descriptions and administrative indices.

Report for: **Sam Sample**

Clinical Profile

The profile below compares this person's raw scores to the clinical norming sample.

| Cluster/Scale | Raw Score | T Scores | | Percentiles | | Low | | | | | | | | | | High |
|--------------------------------|-----------|----------|----------|-------------|----------|-----|----|----|----|----|----|----|----|----|----|------|
| | | Male | Combined | Male | Combined | 0 | 10 | 20 | 30 | 40 | 50 | 60 | 70 | 80 | 90 | |
| Emotional Dysregulation | | | | | | | | | | | | | | | | |
| Affective Lability | 58 | 55 | 53 | 67 | 60 | | | | | | | | | | | |
| Anxiousness | 44 | 42 | 41 | 18 | 21 | | | | | | | | | | | |
| Cognitive Dysregulation | 57 | 62 | 61 | 86 | 86 | | | | | | | | | | | |
| Identity Problems | 42 | 41 | 43 | 20 | 25 | | | | | | | | | | | |
| Insecure Attachment | 57 | 58 | 58 | 78 | 76 | | | | | | | | | | | |
| Oppositionality | 35 | 39 | 41 | 14 | 20 | | | | | | | | | | | |
| Submissiveness | 61 | 61 | 61 | 86 | 87 | | | | | | | | | | | |
| Dissocial Behavior | | | | | | | | | | | | | | | | |
| Callousness | 31 | 45 | 49 | 35 | 55 | | | | | | | | | | | |
| Conduct Problems | 26 | 44 | 46 | 36 | 47 | | | | | | | | | | | |
| Narcissism | 39 | 40 | 42 | 15 | 22 | | | | | | | | | | | |
| Rejection | 43 | 49 | 52 | 49 | 60 | | | | | | | | | | | |
| Stimulus Seeking | 49 | 54 | 56 | 68 | 74 | | | | | | | | | | | |
| Social Avoidance | | | | | | | | | | | | | | | | |
| Intimacy Problems | 39 | 54 | 53 | 68 | 66 | | | | | | | | | | | |
| Low Affiliation | 44 | 44 | 45 | 27 | 33 | | | | | | | | | | | |
| Restricted Expression | 37 | 39 | 41 | 14 | 19 | | | | | | | | | | | |
| Compulsiveness | | | | | | | | | | | | | | | | |
| Compulsivity | 61 | 58 | 58 | 82 | 77 | | | | | | | | | | | |
| Other | | | | | | | | | | | | | | | | |
| Self-Harm ¹ | 32 | 54 | 54 | 67 | 68 | | | | | | | | | | | |
| Suspiciousness | 38 | 51 | 53 | 62 | 65 | | | | | | | | | | | |

Raw Score: Each raw score consists of the sum of the answers (1 through 5) for the items belonging to the scale.

T Scores: The scores in the **Male** and **Combined** columns have been standardized around a mean of 50 and a standard deviation of 10.

Percentiles: The scores in the **Male** and **Combined** columns indicate the proportion of males, as well as both males and females, in the norming sample who received a lower score than the respondent.

¹ Consult the *Self-Harm Responses* section of the *Administrative Indices* for more details on this person's Self-Harm responses.

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General Profile

The profile below compares this person's raw scores to the general population norming sample.

| Cluster/Scale | Raw Score | T Scores | | Percentiles | | Low | | | | | | | | | | High |
|--------------------------------|-----------|----------|----------|-------------|----------|-----|----|----|----|----|----|----|----|----|----|------|
| | | Male | Combined | Male | Combined | 0 | 10 | 20 | 30 | 40 | 50 | 60 | 70 | 80 | 90 | |
| Emotional Dysregulation | | | | | | | | | | | | | | | | |
| Affective Lability | 58 | 66 | 64 | 93 | 90 | | | | | | | | | | | |
| Anxiousness | 44 | 55 | 54 | 69 | 68 | | | | | | | | | | | |
| Cognitive Dysregulation | 57 | 75 | 75 | 98 | 97 | | | | | | | | | | | |
| Identity Problems | 42 | 58 | 58 | 77 | 80 | | | | | | | | | | | |
| Insecure Attachment | 57 | 70 | 68 | 95 | 95 | | | | | | | | | | | |
| Oppositionality | 35 | 47 | 48 | 43 | 49 | | | | | | | | | | | |
| Submissiveness | 61 | 73 | 70 | 98 | 96 | | | | | | | | | | | |
| Dissocial Behavior | | | | | | | | | | | | | | | | |
| Callousness | 31 | 47 | 51 | 43 | 61 | | | | | | | | | | | |
| Conduct Problems | 26 | 46 | 50 | 46 | 62 | | | | | | | | | | | |
| Narcissism | 39 | 45 | 47 | 34 | 40 | | | | | | | | | | | |
| Rejection | 43 | 48 | 52 | 47 | 60 | | | | | | | | | | | |
| Stimulus Seeking | 49 | 55 | 58 | 71 | 80 | | | | | | | | | | | |
| Social Avoidance | | | | | | | | | | | | | | | | |
| Intimacy Problems | 39 | 58 | 57 | 83 | 79 | | | | | | | | | | | |
| Low Affiliation | 44 | 55 | 55 | 72 | 72 | | | | | | | | | | | |
| Restricted Expression | 37 | 43 | 45 | 26 | 35 | | | | | | | | | | | |
| Compulsiveness | | | | | | | | | | | | | | | | |
| Compulsivity | 61 | 58 | 57 | 80 | 76 | | | | | | | | | | | |
| Other | | | | | | | | | | | | | | | | |
| Self-Harm ¹ | 32 | 77 | 77 | 96 | 96 | | | | | | | | | | | |
| Suspiciousness | 38 | 58 | 61 | 80 | 86 | | | | | | | | | | | |

Raw Score: Each raw score consists of the sum of the answers (1 through 5) for the items belonging to the scale.

T Scores: The scores in the **Male** and **Combined** columns have been standardized around a mean of 50 and a standard deviation of 10.

Percentiles: The scores in the **Male** and **Combined** columns indicate the proportion of males, as well as both males and females, in the norming sample who received a lower score than the respondent.

¹ Consult the *Self-Harm Responses* section of the *Administrative Indices* for more details on this person's Self-Harm responses.

Scale Descriptions

Emotional Dysregulation

Affective Lability

Frequent and unpredictable emotional changes; moody; emotions are easily aroused and intense; irritable with a low threshold for annoyance; impatient; intense and frequently and easily aroused anger; tends to overreact emotionally and exaggerate emotional significance of events

Key Descriptors: *Labile emotions; Emotional over-reactivity; Hypersensitive; Labile anger; Irritable*

Anxiousness

Readily feels fearful, worried, and tense; frequently feels threatened and fearful; lifelong sense of tension and feeling "on edge"; broods about unpleasant experiences; often unable to divert attention from painful thoughts and experiences; unable to make decisions due to fear of making a mistake; pervasive sense of guilt

Key Descriptors: *Trait anxiety; Indecisive; Ruminates; Guilt prone*

Cognitive Dysregulation

Thoughts tend to become disorganized and confused when stressed; may show features of brief stress psychosis; tends to experience feelings of depersonalization or derealization and may show dissociative behavior; often manifests the features of schizotypal cognition e.g., mild paranoid thoughts, illusions, and pseudohallucinations

Key Descriptors: *Depersonalization and derealization; Schizotypal cognition; Brief stress psychosis*

Identity Problems

Fragmented and unstable self image; feelings of emptiness and boredom; derives little pleasure from experiences or relationships, feelings of pervasive hopelessness about the future, tends to accentuate negative events and experiences, and strongly adheres to negative beliefs

Key Descriptors: *Labile self-concept; Chronic feelings of emptiness; Anhedonic; Pessimistic*

Insecure Attachment

Fears rejection and abandonment by significant others; afraid of losing or being separated from significant others; only functions when significant others are present; urgently seeks proximity to significant others when stressed; strongly protests separations; fearful of aloneness and goes to great lengths to avoid being alone

Key Descriptors: *Separation protest; Needs a secure base; Seeking proximity; Fears loss of significant others; Intolerant of aloneness*

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Scale Descriptions (continued)

Emotional Dysregulation (continued)

Oppositionality

Resists expectations of satisfactory performance of routine tasks and hence fails to meet others' requests and expectations; resents authority figures; lacks ambition, rarely takes the initiative, shows low levels of activity and fails to take control of own life; fails to get things done on time, "forgets" to do things, does not plan or organize ahead; passively resists cooperating with others

Key Descriptors: *Passive; Oppositional; Lacks organization*

Submissiveness

Subservient and unassertive; subordinates self and own needs to those of others; passively follows the interests and desires of others; submits to abuse and intimidation to maintain relationships; seeks advice and reassurance about most courses of action; readily accepts others' suggestions and often appears gullible

Key Descriptors: *Unassertive; Seeks advice and reassurance; Suggestible*

Dissocial Behavior

Callousness

Lacks empathy and remorse; lacks guilt about the harmful effects of own actions on others; tends to despise other people and to treat them as if they are worthless; cynical; exploits others for personal gain; believes that others are easily manipulated or conned; considers self to be adroit at taking advantage of others; can be charming and ingratiating when suits own purpose; egocentric – tends to pursue own needs without regard for others; irresponsible – tends not to fulfill commitments or honor obligations; cruel – enjoys humiliating and demeaning people, fascinated by violence and torture

Key Descriptors: *Contemptuous; Lacks empathy; Remorseless; Exploitative; Egocentric; Irresponsible*

Conduct Problems

Violates social norms and laws; violent and resorts to threats or intimidation especially when angry, often has a history of juvenile antisocial behavior; tends to engage in substance misuse; routinely prevaricates and rationalizes actions; deliberately flouts authority

Key Descriptors: *Fails to follow social norms; Violent; Juvenile antisocial behavior; Substance misuse*

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Scale Descriptions (continued)

Dissocial Behavior (continued)

Narcissism

Exaggerates achievements and abilities; craves admiration; preoccupied with fantasies of unlimited success, power, brilliance, beauty; feels and acts as if entitled; acts so as to be noticed; strong need for acceptance and approval

Key Descriptors: *Grandiose; Needs adulation and admiration; Needs approval; Attention seeking*

Rejection

Antagonistic and hostile to others; seeks to dominate and control others; enjoys taking charge; not afraid to challenge others; likes to influence other people; rigid in the sense of holding fixed ideas and expectations; judgmental and critical

Key Descriptors: *Hostile and aggressive; Rigid cognitive style; Dominant; Judgmental*

Stimulus Seeking

Craves excitement and stimulation with little regard for the consequences; needs variety; has difficulty tolerating the normal or routine; takes unnecessary risks; does not heed own limitations; denies the reality of personal danger; acts on the spur of the moment without planning or anticipation of the consequences; has difficulty following established plans; does not appear to learn from experience

Key Descriptors: *Sensation seeking; Reckless; Impulsive*

Social Avoidance

Intimacy Problems

Lacks interest in, and avoids, intimacy and attachment; fears intimacy; does not seek out others when stressed or distressed; shows little reaction to separations or reunions; lacks interest in sexuality, derives little pleasure from sexual experiences, and often fearful about sexual relationships

Key Descriptors: *Avoids attachment and intimacy; Inhibited sexuality*

Low Affiliation

Interpersonally distant; socially detached; not very sociable; seeks out situations that do not include other people and declines opportunities to socialize; has few friends; does not initiate or enjoy social contact; often has poor conversational and social skills; afraid of social situations

Key Descriptors: *Low affiliative behavior; Poor social skills; Socially apprehensive*

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Scale Descriptions (continued)

Social Avoidance (continued)

Restricted Expression

Does not show emotions; appears unemotional; avoids emotional situations; shows little reaction to emotionally arousing situations; avoids sharing personal information; uncomfortable revealing personal details; avoids inadvertent self-disclosure; prefers to cope independently and rarely seeks help from others

Key Descriptors: *Restricted expression of all emotions; Reluctant to self disclosure; Self-reliant*

Compulsiveness

Compulsivity

Need for order, precision, and structure; highly methodical and organized; often excessively concerned with cleanliness; concerned about details, time, punctuality, schedules, and rules; has a strong sense of duty and obligation and tends to complete all tasks thoroughly and meticulously

Key Descriptors: *Orderly; Precise; Conscientious*

Other

Self-Harm

Deliberate self-damaging acts e.g., self-mutilation, drug overdoses; frequent suicidal or parasuicidal thoughts – stress and distress often lead to thoughts of self-harm

Key Descriptors: *Ideas of self harm; Self-damaging acts*

Suspiciousness

Mistrusts other people; hyperalert to signs of trickery or harm; searches for hidden meanings in events; questions others' loyalty; often feels persecuted

Key Descriptors: *Suspicious; Hypervigilant*



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Administrative Indices

Item Responses

1-50: 5 3 1 4 4 3 1 3 1 2 5 2 1 5 4 4 2 1 4 4 3 1 5 4 3 1 1 1 3 4 3 3 3 1 4 4 4 3 4 2 2 1 5 4 2 3 3 4 3 3
 51-100: 1 3 4 3 4 4 4 1 3 1 3 3 3 4 3 1 4 2 1 4 2 2 3 3 1 1 3 2 1 4 2 2 2 2 2 3 1 1 1 4 3 4 3 4 1 2 3 4 4
 101-150: 1 3 2 1 3 1 1 1 1 1 3 3 4 2 1 5 3 5 4 2 4 3 3 4 4 4 1 3 3 4 1 4 4 4 4 3 2 3 1 1 3 4 3 3 1 3 4 4 3 1
 151-200: 1 5 5 4 2 1 4 4 1 3 5 3 1 1 1 3 4 3 3 4 3 5 4 3 1 4 3 5 4 5 4 1 4 1 4 3 4 3 1 3 4 3 4 3 4 3 3 4 5 4
 201-250: 3 4 1 5 5 5 3 4 4 3 1 4 4 2 5 2 4 1 1 3 5 3 2 4 4 1 3 4 4 4 1 3 3 4 3 1 1 5 1 1 1 2 1 4 4 5 2 2 3 3
 251-290: 5 5 5 3 3 4 1 5 4 3 3 1 5 4 5 3 3 1 4 4 3 1 1 1 2 5 3 1 3 5 1 4 1 4 4 1 5 5 2 3

Missing Responses

| | | |
|---------------------------|-------------------------|-------------------|
| Affective Liability:0 | Conduct Problems:0 | Compulsivity:0 |
| Anxiousness:0 | Narcissism:0 | Oppositionality:0 |
| Cognitive Dysregulation:0 | Rejection:0 | Self-Harm:0 |
| Identity Problems:0 | Stimulus Seeking:0 | Suspiciousness:0 |
| Insecure Attachment:0 | Intimacy Problems:0 | Validity:0 |
| Submissiveness:0 | Low Affiliation:0 | |
| Callousness:0 | Restricted Expression:0 | |

Scales missing over 25% of their responses were not scored. The raw scores for scales with fewer missing responses were prorated.

Self-Harm Responses

Sam Sample gave a response greater than 1 or *Strongly Disagree* to the following **Self-Harm** items:

- 31. *Ending my life sometimes seems to be the only way out.* - **Neutral**
- 72. *When I am very distressed, the only thing I can think about is killing myself.* - **Disagree**
- 86. *When things don't work out for me, ending my life seems to be the only answer.* - **Disagree**
- 99. *I have taken an overdose when I was very upset.* - **Agree**
- 111. *I have tried to commit suicide.* - **Neutral**
- 134. *I have hit myself with an object on purpose.* - **Agree**
- 186. *I have found different ways in which I can intentionally hurt myself.* - **Neutral**
- 247. *The idea of killing myself has been on my mind for many years.* - **Disagree**
- 259. *I have tried to end my life more than once.* - **Agree**
- 266. *The idea of suicide is always at the back of my mind.* - **Neutral**

Validity Scale

Raw Score: **33**
 Percentile: **86**

The Validity Scale is included in the DAPP-BQ to provide an overall measure of impression management and social desirability. A percentile score higher than 95 is an indication that this person may not have answered honestly.

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